

Planning des séances.

Lundi

12h30 <i>Anthony</i>	CEREMONY	18h30 <i>Samir</i>	STRENGTH	19h45 <i>Samir</i>	CEREMONY
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Mardi

12h30 <i>Anthony</i>	STRENGTH	18h30 <i>Chloé</i>	CEREMONY	19h45 <i>Chloé</i>	STRENGTH
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Mercredi

12h00 <i>Team</i>	HYROX	13h15 <i>Team</i>	HYROX	18h30 <i>Team</i>	HYROX	19h45 <i>Team</i>	HYROX	21h00 <i>Team</i>	HYROX
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Jedi

12h30 <i>Romain</i>	STRENGTH	18h30 <i>Briac</i>	STRENGTH	19h45 <i>Arnaud</i>	CEREMONY
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Vendredi

12h30 <i>Marie</i>	CEREMONY	17h15 <i>Chloé</i>	STRENGTH	18h30 <i>Chloé</i>	CEREMONY
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Samedi

10h00 <i>Briac</i>	CEREMONY	12h30 <i>Briac</i>	STRENGTH	14h45 <i>Team</i>	HYROX	16h00 <i>Team</i>	HYROX
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Dimanche

10h00 <i>Samir</i>	STRENGTH	11h15 <i>Samir</i>	CEREMONY	14h45 <i>Team</i>	HYROX	16h00 <i>Team</i>	HYROX
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